



Year Group	8				
Subject intent	<p>The aim is to broaden their sporting experiences and embed skills learnt in year 7, applying tactics and strategies into a range of sports. This is then developed to improve their physical, social and emotional wellbeing through an engaging range of sport and physical activities.</p> <p>This is achieved through experiencing a range of sporting activities within specific areas (invasion, net-wall, performing at maximum, accurate replication and striking and fielding).</p>				
Subject Implementation	<p>Autumn 1 Sportshall Athletics <i>Range of activities include individual attempts at a range of different sportshall athletics events, performed in groups. Recording of times and distances. Competitive activities used to improve individual performance through observations.</i></p>	<p>Autumn 2/Spring 1 Invasion games - Netball Conditioned games, Skill sessions, modified games and video analysis. Use of worksheets to assess technique and give feedback. Test of rules of games as homework. Extra curricular.</p>	<p>Spring 2 Net games - Badminton Warm up drills, small modified conditioned games and drills. Reciprocal cards and demonstrations of key teaching points. Ladders, singles and doubles tournaments. Extra curricular activities available.</p>	<p>Summer 1 Athletics running/ jumping and throwing Warm up practices to include SAQ and endurance running at the beginning of the lesson. Individual targets to improve their own ability and achievements. Competitions in each event. Analysing clips and coaching each other. Sports day, inter school competitions, county competitions.</p>	<p>Summer 2 Cricket Individual and group practices within command and reciprocal style teaching activities. Competitive and non-competitive drills and practices. Games, worksheets and analysis of clips.</p>
Knowledge	<p>Pupils will gain knowledge of the nature of sports-hall athletic activities and understand how to record measurement. Pupils understand how to use information gained from analysis of confidence in movement through group work.</p>	<p>Pupils will focus on developing, implementing and refining team and individual game plans to outwit opponents. Teams will be expected to use core skills and implement them in different competitive situations. Pupils will be expected to understand game rules, play a number of positions and physically exert themselves throughout.</p>	<p>Pupils will focus on replicating and developing more advanced techniques as well as implementing and refining strategic play to outwit opponents. Pupils will be able to demonstrate the essential elements of attack and defence. Pupil will further develop confidence to get the shuttle to land in a target area so that the opponent cannot return it. Pupils</p>	<p>Pupils will begin to use knowledge of athletics events, strategies and techniques to develop and enhance replication and performance. Pupils develop their understanding of fitness, different body systems and their relationship to performance. Pupils will perform and improve core skills and personal/team bests in relation to speed,</p>	<p>Pupils will focus on accurate replication & further developing, implementing and refining techniques for batting, bowling and fielding. Pupils will develop the ability to place the ball in a target area and refine game strategies with the intention of outwitting an opponent. Pupils will develop confidence in movement and test mental</p>



			should independently be able to score and officiate badminton games.	height, distance and accuracy. Develop confidence in movement and challenge mental capacity.	capacity through scoring and officiating games.
Skills	Pupils will develop the skills necessary to compete and achieve in a number of athletic events. Pupils will develop athletic skills and accurately replicate techniques to achieve an outcome.	Pupils will further develop the fundamental principles of play when selecting and applying core skills. Pupils will continue to develop the ability to outwit opponents and teams using strategies and tactics. Continual development and refinement of skills will contribute to producing an improved performance & technique.	Pupils will replicate shots with developing control and accuracy. Serves, overhead clears (forehand & backhand), drop shots & smashes will be developed through game play and conditional situations. Techniques will be further tested through its use in small sided games and assessed against expected learning outcomes.	Pupils will gain further experience at jumping events, aiming for height/distance. Throwing events, aiming for distance. Running disciplines, the time taken to cover a set distance. Pupils to evaluate the use of body parts to gain an improvement in replicated technique. Adapt & refine these strategies to the need of an event	Pupils will develop the fundamental principles of play when replicating core skills and movement needed including; batting, bowling and fielding. To develop a more detailed understanding of terminology, rules and umpire signals during a competitive game situation. . Pupils will develop an understanding of how to outwit opponents using strategy.
Subject Impact	Pupils will gain knowledge of the nature of sports-hall athletic activities and make effective evaluations of strength and weaknesses in their own and others performances. Being able to observe performance to influence and improve their own technique.	Be able to understand the concept of attack and defence and make effective evaluations of strengths and weaknesses of a team's performance. Appropriate questioning on teaching points will develop peer and self-assessment skills. Deeper questioning will allow for the stretch and challenge of more able pupils.	To develop the ability to make effective evaluations of strengths and weaknesses in performance. Provide opportunities for pupils to self-assess their own performance and implement strategies for improvement. Develop observation skills on peer performances and improve the quality of feedback given.	Pupils will gain knowledge of the nature of athletic activities and make effective evaluations of strength and weaknesses in their own and others performances. Success criteria conveyed through modeling & video recordings. Pupils will be able to use information gained from analysis of performance to influence and improve their own technique.	To understand the concept of net games and make effective evaluations of strengths and weaknesses in performance. Observation and peer assessment. Provide opportunities for pupils to assess their own performance and opponent. Pupils will develop confidence in movement and test mental capacity through scoring and officiating competitive game situations. . Pupils will develop an understanding of how to outwit opponents using



					strategies and tactics. during game play. implement strategies for improvement. Develop observation skills on peer performances and improve the quality of feedback given.
Assessment	Appropriate questioning on teaching points of the skills and processes developed. Observation and peer assessment. Provide opportunities for pupils to assess their own performance and implement strategies for improvement.				